



2010 OPEN INDIVIDUAL APPARATUS CHAMPIONSHIPS ESPOIRS FREE



| No | Gymnast | | Score | Pos |
|----|---------------------|--------------------|--------|-----|
| 39 | Megan Balabey | HSG Swallows | 18.275 | 1 |
| 30 | Lauren Brash | West Lothian | 17.575 | 2 |
| 19 | Helena Stiles | Stockport | 17.200 | 3 |
| 22 | Dilyana Krasteva* | West Lothian | 16.675 | G |
| 3 | Abbie Wyver | City of Canterbury | 16.075 | 4 |
| 26 | Gabriela Caruso | Esprit Gymnastics | 15.975 | 5 |
| 24 | Emily Matts | HSG Swallows | 15.850 | 6 |
| 7 | Lottie Wittich | City of Canterbury | 15.650 | 7 |
| 6 | Nicole Gershtein* | South Essex | 15.150 | G |
| 42 | Selina Brown | City of Bath | 15.150 | 8 |
| 27 | Casey Williams | Llanelli Academy | 15.075 | 9 |
| 17 | Elisha Williams | Llanelli Academy | 14.875 | 10= |
| 4 | Tayshan Dowe | Esprit Gymnastics | 14.875 | 10= |
| 16 | Christie-Lee Pullen | City of Canterbury | 14.725 | 12 |
| 34 | Rebecca Wright | South Essex | 14.625 | 13 |
| 2 | Megan McIntyre | Barry YMCA | 14.525 | 14 |
| 18 | Karen Goshen | South Essex | 14.175 | 15 |
| 5 | Chloe Briggs | Trafford | 14.150 | 16 |
| 10 | Carys Davies | Llanelli Academy | 14.075 | 17 |
| 15 | Cassy Harding | Esprit Gymnastics | 14.025 | 18 |
| 23 | Louise Christie | Beacon | 13.750 | 19 |
| 37 | Mandy Gao | Trafford | 13.600 | 20 |
| 38 | Robyn Bate | City of Canterbury | 13.575 | 21 |
| 1 | Katy Coleman | Esprit Gymnastics | 13.550 | 22 |
| 8 | Chanelle Ellis | South Essex | 13.500 | 23= |
| 41 | Alice Scharmelli* | City of Canterbury | 13.500 | 23= |
| 12 | Ciara Lindsay | Pentland | 13.075 | 25 |
| 21 | Hannah Munro | Pentland | 12.875 | 26 |
| 20 | Keira Miller | South Essex | 12.850 | 27 |
| 35 | Demi Wright | Llanelli Academy | 12.600 | 28 |
| 25 | Fiona Hercus | Pentland | 12.450 | 29 |
| 14 | Rachel Moir | Beacon | 12.250 | 30 |
| 31 | Eilidh Sills | Pentland | 12.100 | 31 |
| 9 | Niamh Quinn | Pentland | 11.850 | 32 |
| 32 | Skye Arnott | Beacon | 11.300 | 33 |





2010 OPEN INDIVIDUAL APPARATUS CHAMPIONSHIPS ESPOIRS ROPE



| No | Gymnast | Club | Score | Pos |
|----|-------------------|--------------------|--------|-----|
| 19 | Helena Stiles | Stockport | 16.925 | 1 |
| 27 | Casey Williams | Llanelli Academy | 16.675 | 2 |
| 30 | Lauren Brash | West Lothian | 16.600 | 3 |
| 22 | Dilyana Krasteva* | West Lothian | 16.425 | G |
| 26 | Gabriela Caruso | Esprit Gymnastics | 15.550 | 4 |
| 17 | Elisha Williams | Llanelli Academy | 15.325 | 5 |
| 24 | Emily Matts | HSG Swallows | 14.875 | 6 |
| 4 | Tayshan Dowe | Esprit Gymnastics | 13.950 | 7 |
| 41 | Alice Scharmelli* | City of Canterbury | 12.750 | G |
| 5 | Chloe Briggs | Trafford | 12.300 | 8 |
| 34 | Rebecca Wright | South Essex | 12.125 | 9 |
| 2 | Megan McIntyre | Barry YMCA | 12.000 | 10 |
| 35 | Demi Wright | Llanelli Academy | 11.525 | 11 |
| 8 | Chanelle Ellis | South Essex | 11.450 | 12 |
| 15 | Cassy Harding | Esprit Gymnastics | 10.850 | 13 |
| 20 | Keira Miller | South Essex | 10.800 | 14 |
| 18 | Karen Goshen | South Essex | 10.750 | 15 |
| 1 | Katy Coleman | Esprit Gymnastics | 10.700 | 16 |
| 25 | Fiona Hercus | Pentland | 10.550 | 17 |
| 6 | Nicole Gershtein* | South Essex | 9.950 | G |





2010 OPEN INDIVIDUAL APPARATUS CHAMPIONSHIPS ESPOIRS HOOP



| No | Gymnast | Club | Score | Pos |
|----|-------------------|--------------------|--------|-----|
| 39 | Megan Balabey | HSG Swallows | 19.150 | 1 |
| 19 | Helena Stiles | Stockport | 17.175 | 2 |
| 22 | Dilyana Krasteva* | West Lothian | 16.450 | G |
| 13 | Kate Mosely | City of Bath | 16.300 | 3 |
| 27 | Casey Williams | Llanelli Academy | 16.175 | 4 |
| 30 | Lauren Brash | West Lothian | 16.075 | 5 |
| 17 | Elisha Williams | Llanelli Academy | 15.850 | 6 |
| 24 | Emily Matts | HSG Swallows | 15.675 | 7 |
| 26 | Gabriela Caruso | Esprit Gymnastics | 15.300 | 8 |
| 4 | Tayshan Dowe | Esprit Gymnastics | 14.925 | 9 |
| 3 | Abbie Wyver | City of Canterbury | 14.525 | 10 |
| 7 | Lottie Wittich | City of Canterbury | 14.500 | 11 |
| 2 | Megan McIntyre | Barry YMCA | 13.900 | 12 |
| 38 | Robyn Bate | City of Canterbury | 13.350 | 13 |
| 35 | Demi Wright | Llanelli Academy | 13.325 | 14 |
| 8 | Chanelle Ellis | South Essex | 12.925 | 15 |
| 34 | Rebecca Wright | South Essex | 12.875 | 16 |
| 20 | Keira Miller | South Essex | 12.575 | 17 |
| 5 | Chloe Briggs | Trafford | 12.075 | 18 |
| 21 | Hannah Munro | Pentland | 11.600 | 19 |
| 6 | Nicole Gershtein* | South Essex | 11.550 | G |
| 1 | Katy Coleman | Esprit Gymnastics | 11.075 | 20 |
| 15 | Cassy Harding | Esprit Gymnastics | 10.950 | 21 |
| 37 | Mandy Gao | Trafford | 10.950 | 22 |
| 32 | Skye Arnott | Beacon | 10.875 | 23 |





2010 OPEN INDIVIDUAL APPARATUS CHAMPIONSHIPS ESPOIRS BALL



| No | Gymnast | Club | Score | Pos |
|----|---------------------|--------------------|--------|-----|
| 39 | Megan Balabey | HSG Swallows | 20.125 | 1 |
| 19 | Helena Stiles | Stockport | 18.600 | 2 |
| 30 | Lauren Brash | West Lothian | 17.125 | 3 |
| 24 | Emily Matts | HSG Swallows | 16.975 | 4 |
| 26 | Gabriela Caruso | Esprit Gymnastics | 16.925 | 5 |
| 22 | Dilyana Krasteva* | West Lothian | 16.825 | G |
| 13 | Kate Mosely | City of Bath | 16.400 | 6 |
| 17 | Elisha Williams | Llanelli Academy | 15.850 | 7= |
| 27 | Casey Williams | Llanelli Academy | 15.850 | 7= |
| 3 | Abbie Wyver | City of Canterbury | 15.800 | 9 |
| 7 | Lottie Wittich | City of Canterbury | 15.150 | 10 |
| 16 | Christie-Lee Pullen | City of Canterbury | 14.925 | 11 |
| 42 | Selina Brown | City of Bath | 14.475 | 12 |
| 38 | Robyn Bate | City of Canterbury | 14.350 | 13 |
| 4 | Tayshan Dowe | Esprit Gymnastics | 14.225 | 14 |
| 1 | Katy Coleman | Esprit Gymnastics | 14.150 | 15 |
| 41 | Alice Scharmelli* | City of Canterbury | 14.125 | G |
| 2 | Megan McIntyre | Barry YMCA | 14.125 | 16 |
| 15 | Cassy Harding | Esprit Gymnastics | 14.000 | 17 |
| 12 | Ciara Lindsay | Pentland | 13.325 | 18 |
| 34 | Rebecca Wright | South Essex | 13.275 | 19 |
| 5 | Chloe Briggs | Trafford | 13.125 | 20 |
| 37 | Mandy Gao | Trafford | 13.075 | 21 |
| 35 | Demi Wright | Llanelli Academy | 12.775 | 22 |
| 8 | Chanelle Ellis | South Essex | 12.750 | 23 |
| 18 | Karen Goshen | South Essex | 12.700 | 24 |
| 10 | Carys Davies | Llanelli Academy | 12.350 | 25 |
| 23 | Louise Christie | Beacon | 12.275 | 26 |
| 20 | Keira Miller | South Essex | 12.150 | 27 |
| 6 | Nicole Gershtein* | South Essex | 11.975 | G |
| 25 | Fiona Hercus | Pentland | 11.825 | 28 |
| 14 | Rachel Moir | Beacon | 11.800 | 29 |
| 21 | Hannah Munro | Pentland | 11.675 | 30 |
| 31 | Eilidh Sills | Pentland | 10.950 | 31 |
| 9 | Niamh Quinn | Pentland | 10.125 | 32 |
| 32 | Skye Arnott | Beacon | 8.225 | 33 |





2010 OPEN INDIVIDUAL APPARATUS CHAMPIONSHIPS JUNIOR ROPE



| No | Gymnast | Club | Score | Pos |
|----|---------------------------|--------------------|--------|-----|
| 52 | Rachel Maguire | Llanelli Academy | 20.692 | 1 |
| 62 | Mimi Isabelle Cesar | City of Birmingham | 20.000 | 2 |
| 79 | Amy Stewart | Beacon | 19.492 | 3 |
| 70 | Stephani Sherlock | Esprit Gymnastics | 18.433 | 4 |
| 66 | Jessica King | City of Birmingham | 18.200 | 5 |
| 61 | Helena Bailey | Stockport | 17.425 | 6 |
| 73 | Evie Longshaw | City of Bath | 16.842 | 7 |
| 75 | Nikara Jenkins | Llanelli Academy | 16.517 | 8 |
| 81 | Maya Lucas | Esprit Gymnastics | 16.217 | 9 |
| 71 | Jael Gore | City of Canterbury | 15.908 | 10 |
| 46 | Olivia Davies | Llanelli Academy | 15.775 | 11 |
| 51 | Natasha Izzard | Stockport | 15.542 | 12 |
| 45 | Caitlin Berridge | West Lothian | 15.517 | 13 |
| 80 | Rhiannon Elphick | Llanelli Academy | 15.300 | 14 |
| 53 | Hannah Curtis | Esprit Gymnastics | 15.250 | 15 |
| 59 | Shannon Pickard | Beacon | 15.158 | 16 |
| 55 | Gemma Lightbourne | Beacon | 15.150 | 17 |
| 68 | Martha Dawkins-Schwiening | City of Coventry | 15.025 | 18 |
| 56 | Dionne Lees | West Lothian | 14.900 | 19 |
| 77 | Abigail Ball | South Essex | 14.633 | 20 |
| 57 | Kathryn Powell | City of Birmingham | 14.308 | 21 |
| 78 | Sarah Dennis | City of Bath | 14.042 | 22 |
| 54 | Ellysia O'Reilly | Stockport | 13.992 | 23 |
| 50 | Emily Holden | City of Birmingham | 12.292 | 24 |





2010 OPEN INDIVIDUAL APPARATUS CHAMPIONSHIPS JUNIOR HOOP



| No | Gymnast | Club | Score | Pos |
|----|---------------------------|--------------------|--------|-----|
| 72 | Jade Farrell | HSG Swallows | 20.675 | 1 |
| 52 | Rachel Maguire | Llanelli Academy | 20.600 | 2 |
| 64 | Jessica Wambeek | HSG Swallows | 19.625 | 3 |
| 79 | Amy Stewart | Beacon | 19.375 | 4 |
| 44 | Iva Benkova | HSG Swallows | 19.175 | 5 |
| 62 | Mimi Isabelle Cesar | City of Birmingham | 18.975 | 6 |
| 61 | Helena Bailey | Stockport | 18.225 | 7 |
| 73 | Evie Longshaw | City of Bath | 18.150 | 8 |
| 58 | Leanne Farrell | HSG Swallows | 17.900 | 9= |
| 70 | Stephani Sherlock | Esprit Gymnastics | 17.900 | 9= |
| 49 | Sally Garner | HSG Swallows | 17.825 | 11 |
| 75 | Nikara Jenkins | Llanelli Academy | 17.400 | 12 |
| 46 | Olivia Davies | Llanelli Academy | 16.875 | 13 |
| 66 | Jessica King | City of Birmingham | 16.700 | 14 |
| 80 | Rhiannon Elphick | Llanelli Academy | 16.475 | 15 |
| 71 | Jael Gore | City of Canterbury | 16.300 | 16 |
| 81 | Maya Lucas | Esprit Gymnastics | 16.025 | 17 |
| 56 | Dionne Lees | West Lothian | 16.000 | 18 |
| 53 | Hannah Curtis | Esprit Gymnastics | 15.875 | 19 |
| 55 | Gemma Lightbourne | Beacon | 15.525 | 20 |
| 51 | Natasha Izzard | Stockport | 15.125 | 21 |
| 59 | Shannon Pickard | Beacon | 14.725 | 22 |
| 78 | Sarah Dennis | City of Bath | 14.475 | 23 |
| 77 | Abigail Ball | South Essex | 14.150 | 24 |
| 54 | Ellysia O'Reilly | Stockport | 14.000 | 25 |
| 63 | Emma Murray | Beacon | 13.825 | 26 |
| 57 | Kathryn Powell | City of Birmingham | 13.725 | 27 |
| 45 | Caitlin Berridge | West Lothian | 13.375 | 28 |
| 68 | Martha Dawkins-Schwiening | City of Coventry | 13.125 | 29 |
| 74 | Carly Pickard | Beacon | 12.675 | 30 |
| 47 | Sharna Healey | City of Birmingham | 12.500 | 31 |
| 50 | Emily Holden | City of Birmingham | 12.325 | 32 |
| 60 | Sarah Uysal | Pentland | 11.275 | 33 |





2010 OPEN INDIVIDUAL APPARATUS CHAMPIONSHIPS JUNIOR BALL



| No | Gymnast | Club | Score | Pos |
|----|---------------------------|--------------------|--------|-----|
| 72 | Jade Farrell | HSG Swallows | 19.825 | 1 |
| 62 | Mimi Isabelle Cesar | City of Birmingham | 19.800 | 2 |
| 79 | Amy Stewart | Beacon | 19.725 | 3 |
| 44 | Iva Benkova | HSG Swallows | 18.675 | 4 |
| 70 | Stephani Sherlock | Esprit Gymnastics | 18.325 | 5 |
| 52 | Rachel Maguire | Llanelli Academy | 17.925 | 6 |
| 64 | Jessica Wambeek | HSG Swallows | 17.475 | 7 |
| 75 | Nikara Jenkins | Llanelli Academy | 17.300 | 8 |
| 71 | Jael Gore | City of Canterbury | 16.650 | 9 |
| 61 | Helena Bailey | Stockport | 16.525 | 10 |
| 73 | Evie Longshaw | City of Bath | 16.400 | 11 |
| 53 | Hannah Curtis | Esprit Gymnastics | 15.825 | 12 |
| 46 | Olivia Davies | Llanelli Academy | 15.575 | 13 |
| 45 | Caitlin Berridge | West Lothian | 15.550 | 14= |
| 81 | Maya Lucas | Esprit Gymnastics | 15.550 | 14= |
| 49 | Sally Garner | HSG Swallows | 15.500 | 16 |
| 66 | Jessica King | City of Birmingham | 15.450 | 17 |
| 80 | Rhiannon Elphick | Llanelli Academy | 15.200 | 18 |
| 56 | Dionne Lees | West Lothian | 14.700 | 19 |
| 78 | Sarah Dennis | City of Bath | 14.475 | 20 |
| 51 | Natasha Izzard | Stockport | 14.450 | 21 |
| 68 | Martha Dawkins-Schwiening | City of Coventry | 14.225 | 22 |
| 55 | Gemma Lightbourne | Beacon | 14.050 | 23 |
| 54 | Ellysia O'Reilly | Stockport | 14.025 | 24 |
| 58 | Leanne Farrell | HSG Swallows | 13.900 | 25= |
| 60 | Sarah Uysal | Pentland | 13.900 | 25= |
| 74 | Carly Pickard | Beacon | 13.775 | 27 |
| 57 | Kathryn Powell | City of Birmingham | 13.650 | 28 |
| 59 | Shannon Pickard | Beacon | 13.350 | 29 |
| 63 | Emma Murray | Beacon | 13.175 | 30 |
| 77 | Abigail Ball | South Essex | 12.975 | 31 |
| 50 | Emily Holden | City of Birmingham | 12.925 | 32 |





2010 OPEN INDIVIDUAL APPARATUS CHAMPIONSHIPS JUNIOR CLUBS



| No | Gymnast | Club | Score | Pos |
|----|---------------------------|--------------------|--------|-----|
| 52 | Rachel Maguire | Llanelli Academy | 20.633 | 1 |
| 62 | Mimi Isabelle Cesar | City of Birmingham | 18.992 | 2 |
| 79 | Amy Stewart | Beacon | 18.925 | 3 |
| 72 | Jade Farrell | HSG Swallows | 18.225 | 4 |
| 61 | Helena Bailey | Stockport | 17.258 | 5 |
| 44 | Iva Benkova | HSG Swallows | 17.217 | 6 |
| 64 | Jessica Wambeek | HSG Swallows | 16.533 | 7 |
| 70 | Stephani Sherlock | Esprit Gymnastics | 16.517 | 8 |
| 58 | Leanne Farrell | HSG Swallows | 16.050 | 9 |
| 73 | Evie Longshaw | City of Bath | 15.700 | 10 |
| 46 | Olivia Davies | Llanelli Academy | 15.517 | 11 |
| 71 | Jael Gore | City of Canterbury | 15.442 | 12= |
| 75 | Nikara Jenkins | Llanelli Academy | 15.442 | 12= |
| 66 | Jessica King | City of Birmingham | 15.058 | 14 |
| 55 | Gemma Lightbourne | Beacon | 14.858 | 15 |
| 59 | Shannon Pickard | Beacon | 14.825 | 16 |
| 57 | Kathryn Powell | City of Birmingham | 14.125 | 17 |
| 53 | Hannah Curtis | Esprit Gymnastics | 13.983 | 18 |
| 78 | Sarah Dennis | City of Bath | 13.925 | 19 |
| 56 | Dionne Lees | West Lothian | 13.842 | 20 |
| 80 | Rhiannon Elphick | Llanelli Academy | 13.817 | 21 |
| 51 | Natasha Izzard | Stockport | 13.775 | 22 |
| 63 | Emma Murray | Beacon | 13.725 | 23 |
| 45 | Caitlin Berridge | West Lothian | 13.392 | 24 |
| 81 | Maya Lucas | Esprit Gymnastics | 13.100 | 25 |
| 74 | Carly Pickard | Beacon | 13.058 | 26 |
| 54 | Ellysia O'Reilly | Stockport | 12.500 | 27 |
| 68 | Martha Dawkins-Schwiening | City of Coventry | 11.950 | 28 |
| 60 | Sarah Uysal | Pentland | 11.475 | 29 |
| 50 | Emily Holden | City of Birmingham | 11.375 | 30 |
| 77 | Abigail Ball | South Essex | 11.217 | 31 |





2010 OPEN INDIVIDUAL APPARATUS CHAMPIONSHIPS SENIOR ROPE



| No | Gymnast | Club | Score | Pos |
|----|-----------------|--------------------|--------|-----|
| 82 | Francesca Fox | City of Bath | 22.683 | 1 |
| 88 | Lynne Hutchison | City of Bath | 22.608 | 2 |
| 84 | Keziah Gore | City of Canterbury | 22.200 | 3 |
| 89 | Scarlett Payne | City of Coventry | 17.083 | 4 |
| 87 | Rebecca Bee | Beacon | 16.967 | 5 |
| 86 | Gemma Rand | Esprit Gymnastics | 15.933 | 6 |





2010 OPEN INDIVIDUAL APPARATUS CHAMPIONSHIPS SENIOR HOOP



| No | Gymnast | Club | Score | Pos |
|----|-----------------|--------------------|--------|-----|
| 88 | Lynne Hutchison | City of Bath | 22.900 | 1 |
| 82 | Francesca Fox | City of Bath | 21.933 | 2 |
| 84 | Keziah Gore | City of Canterbury | 21.108 | 3 |
| 86 | Gemma Rand | Esprit Gymnastics | 17.158 | 4 |
| 87 | Rebecca Bee | Beacon | 15.708 | 5 |
| 89 | Scarlett Payne | City of Coventry | 13.467 | 6 |





2010 OPEN INDIVIDUAL APPARATUS CHAMPIONSHIPS SENIOR BALL



| No | Gymnast | Club | Score | Pos |
|----|-----------------|--------------------|--------|-----|
| 82 | Francesca Fox | City of Bath | 23.050 | 1 |
| 84 | Keziah Gore | City of Canterbury | 23.042 | 2 |
| 88 | Lynne Hutchison | City of Bath | 22.942 | 3 |
| 89 | Scarlett Payne | City of Coventry | 15.933 | 4 |
| 86 | Gemma Rand | Esprit Gymnastics | 15.767 | 5 |
| 87 | Rebecca Bee | Beacon | 14.258 | 6 |





2010 OPEN INDIVIDUAL APPARATUS CHAMPIONSHIPS SENIOR RIBBON



| No | Gymnast | Club | Score | Pos |
|----|-----------------|--------------------|--------|-----|
| 88 | Lynne Hutchison | City of Bath | 24.442 | 1 |
| 84 | Keziah Gore | City of Canterbury | 22.517 | 2 |
| 82 | Francesca Fox | City of Bath | 22.292 | 3 |
| 87 | Rebecca Bee | Beacon | 16.367 | 4 |
| 89 | Scarlett Payne | City of Coventry | 16.250 | 5 |
| 86 | Gemma Rand | Esprit Gymnastics | 15.750 | 6 |

